

2012 Girls Section 8A Track & Field Meet

6/2/2012 at East Grand Forks HS

Event 1 Girls 100 Meter Dash Class A

12.86 A Class A Standards				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Hahn, Deidre	11	Warroad	12.71QA	NWI 2
2 Vaudrin, Mady	10	Park Rapids	13.05Q	NWI 1
3 Santl, Lauren	9	Roseau	13.09Q	NWI 1
4 Nepstad, Courtney	10	Park Christi	13.13Q	NWI 2
5 Nelson, Jasmine	12	Dilworth-Gly	13.19q	NWI 1
6 Altepeter, Taylor	9	Fisher/EGF S	13.27q	NWI 1
7 Hebel, Breanna	10	Roseau	13.36q	NWI 2
8 Lehmann, Shylee	10	Fertile-Belt	13.58q	NWI 2
9 Swenson, Emily	12	East Grand F	13.61	NWI 2
10 Polley, Jenna	12	Park Rapids	13.73	NWI 2
11 Haverkamp, Lea	11	Mahnomen/Wau	13.77	NWI 1
12 Merschman, Camille	8	Bagley/Fosst	13.78	NWI 1
13 Collins, Taylor	8	Warroad	13.94	NWI 1
14 Lucas, Madisyn	7	Nevis	14.02	NWI 1
15 Binstock, Brandi	8	BGMR Freeze*	14.07	NWI 2

Event 1 Girls 100 Meter Dash Class A

12.86 A Class A Standards				
Name	Year	School	Finals	Wind
Finals				
1 Hahn, Deidre	11	Warroad	12.62 A	0.8
2 Nepstad, Courtney	10	Park Christi	12.89	0.8
3 Vaudrin, Mady	10	Park Rapids	12.90	0.8
4 Hebel, Breanna	10	Roseau	13.05	0.8
5 Santl, Lauren	9	Roseau	13.09	0.8
6 Nelson, Jasmine	12	Dilworth-Gly	13.10	0.8
7 Altepeter, Taylor	9	Fisher/EGF S	13.25	0.8
8 Lehmann, Shylee	10	Fertile-Belt	13.76	0.8

Event 3 Girls 200 Meter Dash Class A

26.31 A Class A Standards				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Nepstad, Courtney	10	Park Christi	26.69Q	NWI 1
2 Hahn, Deidre	11	Warroad	26.76Q	NWI 2
3 Nelson, Jasmine	12	Dilworth-Gly	26.90Q	NWI 2
4 Olson, Elizabeth	9	Bagley/Fosst	27.86Q	NWI 1
5 Harshman, Sarah	8	Park Rapids	28.44q	NWI 1
6 Bly, Brianna	8	Mahnomen/Wau	28.50q	NWI 2
7 Carlson, Rachel	12	Lake Park-Au	28.57q	NWI 2
8 Wollman, Casandra	11	Red Lake Cou	28.81q	NWI 2
9 Kuznia, Sophia	11	BGMR Freeze*	28.86	NWI 2
10 Hjelle, Cheyenne	10	Warroad	29.04	NWI 1
11 Kujava, Taylor	12	Ada-Borup	29.06	NWI 2
12 Balstad, Gina	9	Bagley/Fosst	29.21	NWI 1
13 Lehmann, Shylee	10	Fertile-Belt	29.24	NWI 1
14 Torkelson, Allison	11	Red Lake Cou	29.93	NWI 1
-- Mueller, Abby	8	Park Rapids	NT	NWI 1

Event 3 Girls 200 Meter Dash Class A

26.31 A Class A Standards				
Name	Year	School	Finals	Wind
Finals				

1 Hahn, Deidre	11 Warroad	26.10	A	0.5
2 Nepstad, Courtney	10 Park Christi	26.30	A	0.5
3 Nelson, Jasmine	12 Dilworth-Gly	27.11		0.5
4 Bly, Brianna	8 Mahnomen/Wau	27.78		0.5
5 Olson, Elizabeth	9 Bagley/Fosst	27.79		0.5
6 Carlson, Rachel	12 Lake Park-Au	27.96		0.5
7 Harshman, Sarah	8 Park Rapids	28.11		0.5
8 Wollman, Casandra	11 Red Lake Cou	28.21		0.5

Event 5 Girls 400 Meter Dash Class A

=====

59.22 A Class A Standards

Name	Year School	Finals	H#
1 Nepstad, Courtney	10 Park Christi	1:00.31	2
2 Ellefson, Summer	12 Park Rapids	1:01.49	2
3 Kennedy, Brenna	12 Walker-Hacke	1:02.15	2
4 Krause, Kendra	12 Lake of the	1:02.85	2
5 Highness, Katie	11 Dilworth-Gly	1:03.26	1
6 Hanson, Riley	11 Nevis	1:03.56	2
7 Bly, Brianna	8 Mahnomen/Wau	1:03.78	1
8 Eades, Erica	8 East Grand F	1:04.16	2
9 Rieder, Andrea	9 Dilworth-Gly	1:04.31	1
10 Gracza, Rose	12 Roseau	1:05.01	2
11 Krantz, Crysta	8 West Marshal	1:05.15	1
12 Hellquist, Brooke	8 Warroad	1:06.07	1
13 Carlson, Marissa	9 Bagley/Fosst	1:06.44	2
14 Faldet, Taylor	11 Clearbrook-G	1:06.52	1
15 Skyberg, Rylee	8 East Grand F	1:06.59	1

Event 7 Girls 800 Meter Run Class A

=====

2:20.49 A Class A Standards

Name	Year School	Finals
1 Galstad, Marina	12 East Grand F	2:22.15
2 Pierce, Shelby	12 Park Rapids	2:24.18
3 Heppner, Susy	11 Warroad	2:26.98
4 Geist, Marietta	8 Crookston	2:30.89
5 Crummy, Nicole	12 West Marshal	2:31.22
6 Hogie, Breann	10 Lake Park-Au	2:31.69
7 Krause, Kendra	12 Lake of the	2:32.18
8 Otterness, Tayah	8 Park Rapids	2:32.52
9 Jenson, Rachel	8 East Grand F	2:35.25
10 Schermer, Rebecca	10 Lake Park-Au	2:35.48
11 Teiken, Ellen	7 Mahnomen/Wau	2:38.81
12 Goulet, Madison	9 Warroad	2:40.16
13 Haugen, Emily	9 West Marshal	2:41.59
14 Steffel, Madison	7 Park Rapids	2:43.18
15 Schuldt, Dianna	10 Nevis	2:45.18

Event 9 Girls 1600 Meter Run Class A

=====

5:13.76 A Class A Standards

Name	Year School	Finals
1 Geist, Marietta	8 Crookston	5:21.34
2 Carlson, Marissa	9 Bagley/Fosst	5:23.96
3 Fast, Lindsay	10 Warroad	5:32.96
4 Lageson, Heidi	8 Park Rapids	5:35.84
5 Mills, Kristi	10 Northome/Kel	5:38.12
6 Brunelle, Gretta	10 Warroad	5:38.52
7 Hamrin, Sarah	8 Trek-North	5:41.79
8 Haugen, Emily	9 West Marshal	5:44.36
9 Klatt, Anndi	11 Roseau	5:45.20
10 Hamre, Jennifer	10 Lake Park-Au	5:50.47
11 Braaten, Ivy	7 Roseau	5:53.04
12 Hamernik, Kylie	10 Dilworth-Gly	5:54.60
13 Erickson, Katherine	11 Park Rapids	5:59.39
14 Davidson, Katie	11 Crookston	6:01.16

15 Sawchuck, Anica 9 Park Christi 6:01.72

Event 11 Girls 3200 Meter Run Class A

11:21.38 A Class A Standards

Name	Year School	Finals
1 Lutz, Lydia	12 Park Rapids	11:40.19
2 Huglen, Madeline	9 Roseau	11:46.06
3 Olson, Megan	8 Park Rapids	11:48.69
4 Kirkeide, Courtney	11 BGMR Freeze*	12:23.67
5 Breid, Meghan	9 Dilworth-Gly	13:10.20
6 Hamrin, Sarah	8 Trek-North	13:10.67
7 Brunelle, Emma	7 Warroad	13:11.33
8 Davidson, Katie	11 Crookston	13:30.25
9 Widman, Emily	8 Walker-Hacke	13:34.18
10 Porter, Jenna	7 Crookston	13:45.61
11 Sawchuck, Anica	9 Park Christi	13:46.92
12 Heppner, Abby	10 Warroad	13:47.52
13 Gifford, Shayley	7 Dilworth-Gly	13:58.96
14 Olson, Madison	10 Roseau	14:07.04
15 Pearsall, Paula	10 Northome/Kel	14:22.96

Event 13 Girls 100 Meter Hurdles Class A

16.05 A Class A Standards

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Olson, Laure	12 Hawley/Ulen-	16.12Q	NWI	2
2 Krohn, Courtney	12 BGMR Freeze*	16.58Q	NWI	1
3 Grimes, Megan	9 Park Rapids	16.98Q	NWI	1
4 Kuznia, Sophia	11 BGMR Freeze*	17.12Q	NWI	2
5 Larson, Sydney	9 Park Christi	17.47q	NWI	2
6 Vedbraaten, Jessica	8 BGMR Freeze*	17.68q	NWI	1
6 Jagol, Shantel	9 Fertile-Belt	17.68q	NWI	2
8 Hofford, Bailee	8 Park Rapids	17.81q	NWI	2
9 Holub, Courtney	11 West Marshal	17.98	NWI	1
10 Lauderbaugh, Tori	11 Park Rapids	18.06	NWI	1
11 Mercil, Cassidy	10 West Marshal	18.37	NWI	2
12 Boike, Sydney	9 Crookston	18.85	NWI	2
13 Helen Berntson, Mary	10 Bagley/Fosst	18.95	NWI	1
14 Teiken, Ellen	7 Mahnomen/Wau	19.49	NWI	1
15 Bentow, Amy	10 Dilworth-Gly	20.40	NWI	1

Event 13 Girls 100 Meter Hurdles Class A

16.05 A Class A Standards

Name	Year School	Finals	Wind
Finals			
1 Olson, Laure	12 Hawley/Ulen-	15.81 A	0.9
2 Krohn, Courtney	12 BGMR Freeze*	16.59	0.9
3 Kuznia, Sophia	11 BGMR Freeze*	16.78	0.9
4 Larson, Sydney	9 Park Christi	16.79	0.9
5 Grimes, Megan	9 Park Rapids	16.86	0.9
6 Jagol, Shantel	9 Fertile-Belt	17.40	0.9
7 Vedbraaten, Jessica	8 BGMR Freeze*	17.80	0.9
8 Hofford, Bailee	8 Park Rapids	18.13	0.9

Event 15 Girls 300 Meter Hurdles Class A

46.55 A Class A Standards

Name	Year School	Finals	H#
1 Bateman, Grace	11 Park Rapids	46.66	2
2 Olson, Laure	12 Hawley/Ulen-	46.89	2
3 Larson, Sydney	9 Park Christi	47.97	2
4 Kuznia, Sophia	11 BGMR Freeze*	48.77	2
5 Altepeter, Taylor	9 Fisher/EGF S	48.97	2

6 Anderson, Tara	12 Walker-Hacke	50.80	2
7 Eggen, Heidi	10 Ada-Borup	51.17	1
8 Vedbraaten, Jessica	8 BGMR Freeze*	51.18	2
9 Montebello, Amy	9 Warroad	52.01	1
10 Helgeson, Grace	8 Roseau	52.75	1
11 Drury, Taylor	11 Nevis	53.69	1
12 Rittgers, Justine	10 Park Rapids	53.80	1
13 Mercil, Cassidy	10 West Marshal	54.13	2
14 Helen Berntson, Mary	10 Bagley/Fosst	56.16	1
-- Stordahl, Alex	11 Ada-Borup	NT	1

Event 17 Girls 4x100 Meter Relay Class A

51.01 A Class A Standards

School	Finals
1 Park Rapids Area	52.27
2 Dilworth-Glyndon-Felton	52.78
3 Bagley/Fosston*	52.98
4 East Grand Forks	53.02
5 Warroad	53.82
6 BGMR Freeze*	54.03
7 Lake Park-Audubon	55.47
8 Clearbrook-Gonvick	55.50

Event 19 Girls 4x200 Meter Relay Class A

1:47.26 A Class A Standards

School	Finals
1 Park Rapids Area	1:48.81
2 Roseau	1:49.46
3 Bagley/Fosston*	1:50.66
4 Walker-Hackensack-Akeley	1:51.12
5 East Grand Forks	1:51.65
6 Ada-Borup	1:53.63
7 Warroad	1:54.57
8 Nevis	1:55.93

Event 21 Girls 4x400 Meter Relay Class A

4:05.57 A Class A Standards

School	Finals
1 Park Rapids Area	4:06.53
2 East Grand Forks	4:10.32
3 Walker-Hackensack-Akeley	4:16.21
4 Roseau	4:20.60
5 Dilworth-Glyndon-Felton	4:22.31
6 Ada-Borup	4:24.23
7 Warroad	4:28.08
8 Bagley/Fosston*	4:28.90

Event 23 Girls 4x800 Meter Relay Class A

9:44.56 A Class A Standards

School	Finals
1 Park Rapids Area	9:34.55 A
2 East Grand Forks	9:42.03 A
3 Warroad	10:05.56
4 Ada-Borup	10:22.23
5 Roseau	10:22.32
6 Lake Park-Audubon	10:23.81
7 Northome/Kelliher/Blackduck	10:33.70
8 West Marshall*	10:54.12

Event 25 Girls High Jump Class A

5-03.00 A Class A Standards

Name	Year School	Finals
1 Grimes, Megan	9 Park Rapids	5-03.00 A
2 Hahn, Deidre	11 Warroad	5-02.00
3 Krohn, Courtney	12 BGMR Freeze*	5-02.00
4 Lee, Miki	9 Ada-Borup	5-00.00
5 Rockstad, Greta	9 Ada-Borup	5-00.00
6 Kolness, Megan	11 Ada-Borup	5-00.00
7 Lauderbaugh, Tori	11 Park Rapids	5-00.00
8 Engelstad, Elle	11 Fertile-Belt	4-10.00
9 Schermer, Rebecca	10 Lake Park-Au	4-08.00
9 Lutz, Katey	11 Northome/Kel	4-08.00
11 Haugen, Kallie	12 West Marshal	4-06.00
11 Drury, Taylor	11 Nevis	4-06.00
11 Gapinski, Amber	9 Walker-Hacke	4-06.00
14 Crummy, Nicole	12 West Marshal	4-04.00
14 Hellquist, Brooke	8 Warroad	4-04.00

Event 27 Girls Pole Vault Class A

10-02.00 A Class A Standards		
Name	Year School	Finals
1 Knight, Sarah	12 Walker-Hacke	10-00.00
2 Mercil, Mandy	11 Dilworth-Gly	9-06.00
3 Bateman, Grace	11 Park Rapids	9-00.00
4 Balstad, Gina	9 Bagley/Fosst	9-00.00
5 Haugen, Kallie	12 West Marshal	8-06.00
6 Nelson, Jady	9 BGMR Freeze*	8-06.00
7 Kotts, Courtney	11 West Marshal	8-00.00
8 Vedbraaten, Jessica	8 BGMR Freeze*	8-00.00
9 Gramer, Faith	9 Fertile-Belt	8-00.00
10 Montebello, Amy	9 Warroad	7-06.00
10 Baumgartner, Bonnie	12 Park Rapids	7-06.00
10 Helen Berntson, Mary	10 Bagley/Fosst	7-06.00
13 Mercil, Frannie	8 Dilworth-Gly	7-00.00
13 Vega, Monica	10 Ada-Borup	7-00.00
-- Aranda, Brandi	11 Hawley/Ulen-	NH

Event 29 Girls Long Jump Class A

17-00.00 A Class A Standards			
Name	Year School	Finals	Wind
1 Hahn, Deidre	11 Warroad	16-08.75	NWI
2 Olson, Laure	12 Hawley/Ulen-	16-06.75	NWI
3 Stanger, Keary	10 Ada-Borup	15-00.00	NWI
4 Geiser, Madison	11 Dilworth-Gly	14-10.50	NWI
5 Nelson, Jady	9 BGMR Freeze*	14-09.75	NWI
6 Gracza, Rose	12 Roseau	14-08.50	NWI
7 Cosca, Courtney	11 Bagley/Fosst	14-06.25	NWI
8 Krohn, Courtney	12 BGMR Freeze*	14-05.75	NWI
9 Hill, Danielle	12 Park Rapids	14-00.75	NWI
10 Kotts, Courtney	11 West Marshal	13-08.75	NWI
11 Bentow, Amy	10 Dilworth-Gly	13-07.25	NWI
12 West, Katie	9 Mahnomen/Wau	13-05.50	NWI
12 Knight, Sarah	12 Walker-Hacke	13-05.50	NWI
14 Mercil, Frannie	8 Dilworth-Gly	13-03.50	NWI
15 Pemberton, Mercedes	8 Bagley/Fosst	13-00.00	NWI

Event 31 Girls Triple Jump Class A

35-06.00 A Class A Standards			
Name	Year School	Finals	Wind
1 Olson, Laure	12 Hawley/Ulen-	34-07.50	NWI
2 Boike, Sydney	9 Crookston	32-06.00	NWI
3 Bentow, Amy	10 Dilworth-Gly	31-09.00	NWI
4 Nelson, Jasmine	12 Dilworth-Gly	31-08.00	NWI
5 Klingenberg, Emily	12 Park Rapids	31-06.25	NWI

6	Bruns, Hailey	9	Walker-Hacke	31-02.25	NWI
7	Stanger, Keary	10	Ada-Borup	30-09.00	NWI
8	Nelson, Jadyne	9	BGMR Freeze*	30-07.00	NWI
9	Anderson, Katie	8	BGMR Freeze*	29-10.00	NWI
10	Kotts, Courtney	11	West Marshal	29-08.00	NWI
11	Merschman, Camille	8	Bagley/Fosst	29-07.25	NWI
12	Albright, Jennifer	9	Bagley/Fosst	29-04.75	NWI
13	Johnson, Lilly	9	West Marshal	28-10.75	NWI
14	Hill, Paige	8	Park Rapids	28-10.00	NWI
15	Mercil, Cassidy	10	West Marshal	28-03.25	NWI

Event 33 Girls Discus Throw Class A

=====					
123-01 A Class A Standards					
Name	Year	School	Finals		
=====					
1	Kujava, Taylor	12	Ada-Borup	117-03.00	
2	Solheim, Hayley	12	Crookston	107-08.00	
3	Znajda, Felicia	11	West Marshal	105-00.00	
4	Kazmierczak, Anne	11	West Marshal	97-01.00	
5	Olson, Megan	11	Red Lake Cou	95-11.00	
6	Burgess, Angela	11	Clearbrook-G	95-09.00	
7	Iverson, Alyson	11	East Grand F	95-04.00	
8	Senske, Sierra	11	Dilworth-Gly	94-07.00	
9	Harshman, Sarah	8	Park Rapids	91-08.00	
10	Gehertz, Haley	10	Ada-Borup	90-09.00	
11	Urbaniak, Brooke	12	West Marshal	89-04.00	
12	Fahey, Rachel	8	Northome/Kel	88-09.00	
13	Harshman, Samantha	10	Park Rapids	87-00.00	
14	Radtke, Jenna	11	Mahnomen/Wau	85-09.00	
15	Nistler, Kim	10	Walker-Hacke	71-08.00	

Event 35 Girls Shot Put Class A

=====					
38-09.00 A Class A Standards					
Name	Year	School	Finals		
=====					
1	Solheim, Hayley	12	Crookston	39-03.00	A
2	Kujava, Taylor	12	Ada-Borup	36-00.00	
3	Nelson, Karly	10	East Grand F	35-09.00	
4	Mercil, Mandy	11	Dilworth-Gly	34-10.00	
5	Znajda, Felicia	11	West Marshal	34-00.00	
6	Durand, Sarah	12	West Marshal	32-11.00	
7	Kazmierczak, Anne	11	West Marshal	31-02.00	
8	Spray, Jessica	11	Clearbrook-G	30-08.00	
9	Loken, Kaylee	9	Roseau	30-01.00	
10	Argueta, Rosa	11	Crookston	29-10.00	
11	Carrigan, Carrie	11	Northome/Kel	28-00.00	
12	Harshman, Samantha	10	Park Rapids	27-09.00	
13	Johnk, Kayla	10	Park Rapids	26-02.50	
14	Brakefield, Ellen	11	Mahnomen/Wau	24-10.00	
15	Hill, Danielle	12	Park Rapids	22-01.00	

Women - Class A - Team Rankings - 18 Events Scored

=====			
1)	Park Rapids Area	123	69
3)	Dilworth-Glyndon-Felton	59	51
5)	BGMR Freeze*	46	44
7)	Crookston	42	37
8)	Roseau	37	36
11)	Walker-Hackensack-Akeley	33	32
12)	Bagley/Fosston*	32	11
15)	Mahnomen/Waubun*	7	7
17)	Northome/Kelliher/Blackduc	6	6
19)	Clearbrook-Gonvick	5	5
19)	Trek-North	5	5
23)	Nevis	4	5
2)	Warroad		69
4)	Ada-Borup		51
6)	East Grand Forks		44
8)	Park Christian		37
10)	Hawley/Ulen-Hitterdal*		36
12)	West Marshall*		32
14)	Lake Park-Audubon		11
15)	Lake of the Woods/Rainy R		7
17)	Fisher/EGF Sacred Heart/C		6
19)	Fertile-Beltrami		5
19)	Red Lake County*		5